

A Course in

MASTERING ALCHEMY



Drama or Balance: How Do You Choose?

Free Webinar - February 16, 2017

Track 1 (14:19) Lecture

- Duality of third dimension is very established. Judgment, good and bad accepted as reality.
- Three waves of light since summer solstice taking the duality apart.
- A new choice becoming available of balance.
- Earth, not man, is in charge of the changes that are happening.
- New beings of light and guidance are coming in, offering new choices available from balance.
- Arguments for or against, beliefs, judgments block these new choices by keeping us stuck in duality.

Track 2 (44:20) Meditation

- Sit back, bring awareness to yourself noticing yourself. Fourth layer of thought – observe from neutrality.
- One or two breaths, allow room to go out of focus. Let eyes close, maintaining this awareness.
- Neutral. Disengagement.
- Column of light in the center of the body extends into core of earth and up to realms of the Creator.
- Cleansing and balancing of this column is occurring.
- We've been feeling the anger, anxieties, judgements, that are being brought up and cleared.
- Neutral. Ease. Allowing.
- From this place notice belief in good or bad.
- Balance, stability, gyroscopic ability allows for recovery of balance.
- The Dream is manifesting from this place of balance.
- Your role is not pushing or shoving, or taking sides, or demanding this or that.
- But of holding a level of light that illuminates and transforms.
- Neutral, ease, dis-connect.
- Be aware of an aspect of the soul, the Higher Self.
- Intention to work with the Higher Self, with the Earth, with the Creator to create balance.
- Draw light down from the Creator, through the central column of light, down to center of Earth, and back.
- Strength, Presence. I like me. Smile in the heart. No effort.
- Stay in this alignment, allow your eyes to open.

Track 3 (34:28) Questions and Answers

- Changings coming in Mastering Alchemy offerings.
- 1. I get caught up in the drama of the political system and find it hard to stay in neutral. Any suggestions?
- 2. When the baggage comes up, does it mean my life with get more chaotic before it gets better?
- 3. As I hold disconnect how will it affect those around me? Will they notice and will it become a problem?
- 4. When I put my attention on the central column of light I feel a rush of energy. Would it benefit me to put my attention on this before certain activities?
- 5. Are there differences between the first two waves of light?
- 6. Will Level 2 give me more tools like this to keep my attention on what's important?
- 7. Can you speak more about Gaia?
- 8. Is Level 2 self-paced like Level 1?
- 9. When you talk about the Archangelics I wonder if YOU talk to them?
- 10. Comments on the usefulness of the analogy of the gyroscope in maintaining balance.
- 11. Will this workshop be available on the website?

Full Track (1:33:08) Entire Class