



Love and Relationships - Misunderstood

Free Webinar - February 9, 2017

Track 1 (42:33) Lecture into Meditation

- A transformation is occurring. Three waves of light are dismantling what is not you, what is not OK.
- An opportunity to sit in a vibrational wave of "I like me" and things that are not OK just dissolve.
- Create relationship that has appreciation, well-being, and joy.

- Sit back, be right here. Giving to yourself. Relax.
- Find a thought that makes you feel good. Appreciation. Pleased with yourself.
- Inner smile. Presence. Stability. Strength.
- Vibration of Love is enormous, a power, no force, no push.
- Presence. Allowing. Unlimited. Vast. Everything unlike it does not exist in its presence.
- I like me. Appreciation. Well-being. - Noise and I'm not OK goes away, neutralizes.
- No effort. No work necessary. Nothing to fix. I like me.
- A creative space of Love. New waves of light are opening this space.
- Relationship with everything and with others begins to shift in this space.
- Allowing others to be who they are.
- Relationships in coming time will create an expanded vibrational field of opportunity and presence.
- A "we" space. One and one will become three.
- I love me when I am with you.
- New vibrational frequencies of Love entering the planet.
- Focused presence. Ease. I like me.
- Be aware of another you are in relationship with.
- New frequencies. Six new colors will be presented by these three waves of light.
- Visible not with visual eyes, but with clairvoyance, inner sight.
- Hold an intention to see one of the new colors from this space.
- Three smooth breaths. Allow eyes to open.
- Wiggle your toes. I like me. Stay in this space.

- Mastering Alchemy Light sessions will work with and anchor this space and awareness in you.
- Does take I like me. Letting others be who they are. Being conscious of you being conscious of you.
- Work with the three waves of energy. This is a new space.

Track 2 (26:29) Questions and Answers

1. Is this different from co-dependency because it starts with "I like me"?
2. If I hold this energy for much of the day will my unpleasant physical symptoms and anxieties disappear?
3. When we are fully caught up in the 3-D mess I find that none of the tools work. What you can say about this space?
4. Could you elaborate on heartbreak and how the heart closes down from such an experience?
5. Will these three waves be recognizable or be a subtle difference that needs to be looked for?
6. I don't understand the day to day application of spinning energy.
7. I wasn't recognized by someone who met me before. Can you expand on the 'I like me' space?

Complete Call (1:09:03)