

Relationships—The Biggest Game on The Planet

Excerpt from the book: *What Do You Mean the Third Dimension is Going Away*
by Jim Self and Roxane Burnett

Many of us are noticing huge changes in our relationships, and some of these changes are not at all easy to deal with. Many others are also wondering how they can best fulfill their roles as healers, teachers, and leaders, as well as what the best way might be to offer assistance to those around them. They also wonder how to consciously (and kindly) stop assisting others when those others are choosing to stay stuck and asleep.

The most fundamental changes during this Shift of Consciousness will be very personal. The primary focus is to redefine and transform how we perceive, understand, and have a relationship with every aspect of what is external to us. When we think of the word 'relationship' we think of lovers, husband and wife, child and parent. "Me in relationship to you, me in relationship to my friends, co-workers, and those I love, as well as those I dislike." There is much more to perceiving and understanding our relationship with who and what is external to us.

When the Creator said, "Go to the farthest edge of the farthest edge so that I may know myself in my fullness," you ran to the front of the line saying, "Send me!" What the Creator was actually saying was, "I wish to know myself in relationship to all that I AM." However, throughout time, as we know it, our understanding and demonstration of relationship has changed to something considerably different. We have come to know ourselves not by how we perceive *ourselves* in relationship with that which is around us, but instead, have learned to perceive our relationship to all that is around us based on what those around us *think of us*.

For example, I may not have any interest in red shirts, but all of my friends wear red shirts. Red shirts are very popular and trendy. So I give up my Seniority, and deny my own alignment with what is my truth so I may fit in. I put on a red shirt to become one with and accepted by those outside of me who are telling me what is right, and what I should and should not do. From the moment we draw our first breath to the moment we release our last, we are conditioned to define and measure ourselves by our relationship to all that is *outside* of us. We are systematically trained and conditioned by those who raise and nurture us to enter into a 'consensus reality' or 'group agreement' that many times has nothing to do with *who we are*, and everything to do with the customs and belief systems that conditioned our parents and grandparents. They were in turn influenced by the society in which they were raised, as were their parents before them.

Consensus reality is a very subtle, yet powerful influence. It structures our relationship *to* and *with* all things outside of us. More importantly, it conditions and severely limits the relationship we have with ourselves. From early childhood, we learn that what the outside world thinks of us is more important than what we each individually think of ourselves. As we grow, what we think and believe, and how we respond and behave in our third dimensional reality, is influenced and

shaped by what is outside of us. Hence, almost everything about us, from our attitudes and habits, likes and dislikes, to our career choices and aspirations has its foundation in this group agreement: “Here are the rules; this is how it’s done.”

You are in relationship *with* everything that surrounds you. Many of us understand ‘relationship’ in a certain way because those outside of us have said, “This is what you should do; this is how you should move through life. This is right, that’s wrong; this is truth, and this is not truth. We hang out with these people here, but we don’t talk to those people over there.” In other words, our *relationship to* has been conditioned from childhood. We have learned to feel the thoughts and feelings of others, and to check in with and seek approval from those around us before we act. We have learned to ‘test the waters’ by not fully expressing our own thoughts without first checking in to determine the acceptability of what others have to say. Notice this in your own life; it can be extremely subtle. We’ve learned to read other’s body language to discern if it is safe to express our own desires, hopes, and dreams, before we can act on them without fear. Without realizing it, we have founded our sense of our self on the opinions and approval of others: *Am I okay? Do you approve of me? Am I acceptable in the eyes of the consensus reality?*

This too is about to change.

Contrary to everything we have been taught to believe, relationship is NOT about what other people think of you. Although this is a fundamental truth that you intellectually know, you are about to perceive this from a significantly expanded perspective. Through this understanding, you will discover that your internal relationship with yourself is the most powerful relationship you can have. From this vantage point, everything outside of you becomes a gift to relate *to* and relate *with* on your own terms. What other people think of you is none of your business.

As we have seen and read in the news, the solar flares, and coronal mass ejections (CMEs) have been bursting from the sun with rapidly increasing intensity and regularity. These are the sources of the great Waves of Light referred to throughout this book. As the Shift accelerates we are literally being showered by these Waves of Light and whether we are conscious of it or not, they are triggering enormous transformation within each of us. To reiterate, one Wave is clearing away our old memory patterns and the belief systems of the consensus reality that do not support our well-being. It is destabilizing and dissolving everything that is not aligned with our internal patterns of well-being, and our relationship to our own truths. It is therefore increasing our capacity to hold a higher Light quotient, and providing us with an opportunity to access more information, greater wisdom, and enlightenment of what we already know but have forgotten.

At the same time, another Wave is a higher dimensional vibration of Light that is providing us with the opportunity to step into Certainty, personal Power, Command, and Balance. This Wave is bringing about choices and opportunities to co-create, co-exist, and cooperate without the judgments and opinions of right/wrong, good/bad, and what you should or should not do. In the process, countless millions are experiencing significant changes in their relationships. Many are beginning to realize that they can no longer be *in relationship* to one another in the same old way. We are being given the opportunity to perceive ‘relationship’ through different eyes, and, in so

doing, we are gaining the keys to unlock many lifetimes of conditioning that have prevented us from being able to distinguish between *who I am* and *who I am not*.

However, as this transition unfolds, many people are finding themselves in confusion. All their points of reference, all the things they were taught to trust, admire, and build their lives and beliefs upon, are destabilizing before their eyes. All our old, established third dimensional institutions are crumbling. The structures of life that feed, house and keep us safe are breaking down. Suddenly we are seeing that the very authorities that we most believed—from the healers who said, “Come to me,” to the teachers who proclaimed that they have The Truth, to the leaders who said, “Trust me!” as well as all those to whom we have looked for guidance—have built their houses upon shifting sands.

As difficult as such changes may be for many, it is important to know that there IS a purpose to all that is occurring. That purpose is to shift your relationship from what is *outside* of you to an alignment with what is *inside* of you; to move from depending on the truths of others to discovering and setting your compass by your own truth. Remember, one Wave of Light is not destabilizing that which you are, rather, it is allowing you to clear away that which you are *not*. Your cup is emptying of all that is no longer yours. And as this occurs, the other Wave of Light is providing you with the opportunity to refill your cup. For it is with the assistance of this second Wave that the realignment of your emotional body is being altered while you sleep each night. It is through this second Wave that a more Gracious, Certain and Powerful you is being crafted. You are also beginning to remember the relationship you have with your heart and Soul. It is through this relationship that you will begin to *know yourself* and realign with who you came here to be.

Love, however, is a concept that is so vast the rational mind is not capable of perceiving its fullness. When you begin to live Love in its unique aspects of Appreciation, Gratitude, Well-being, Beauty, Kindness, Graciousness, and Certainty, these aspects literally become Living Words. And as these Living Words become internalized, a magical shift begins, initiating the activation of the living, etheric Light Body within. This is the opportunity that is unfolding right now. These are the steppingstones that will build the framework for our next level of ascension. We will discuss more about this Love in an upcoming chapter.

As the Shift continues to move us from a third dimensional consciousness to a fifth dimensional consciousness, there are a number of aspects and key concepts about relationships that we must redefine. For example, comprehending the difference between masculine and feminine energy, and understanding why becoming ‘selfish’, and ‘having’ and ‘giving’ to yourself first, are some of the most important things you can do right now.

A truth about masculine and feminine energy

In the third dimension, masculine energy and feminine energy are very much out of balance. That is because most people in the third dimension do not know the rules and they don’t know how to

succeed at or exit the game. Knowing the rules to the games we are playing is a really big deal because relationship is the biggest game on the planet.

One of the most fundamental aspects, or rules of the relationship game is to understand masculine and feminine energy. We are not talking about male and female bodies, men and women, husband and wife, sons and daughters, or lovers. We are talking about our own internal nature and our expression of personal masculine and feminine creative energy. Regardless of our gender or sexual orientation we all have the opportunity to create by accessing the masculine and feminine energies within ourselves. However, most of us are unconscious of the great treasure we have access to, and hence do not know how to recognize and utilize these energies for our own success.

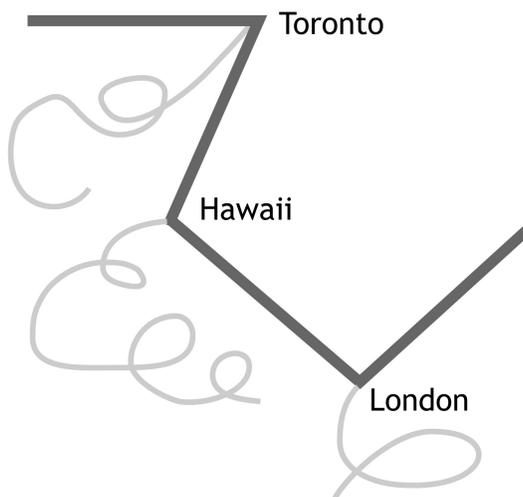
Have you ever noticed that the masculine and feminine don't quite communicate on the same wavelength? The masculine and feminine somehow seem to misconnect in this third dimensional reality. There is a very good reason for this. Let us illustrate the difference between masculine and feminine as simply as possible. We will use the concept of geometry. In a simple way, masculine energy is made up of straight lines and angles. Feminine energy is made up of curves and swirls. There are no straight lines and angles in feminine energy and there are no curves and swirls in masculine energy.

Feminine energy is very complex, energized and fast, while masculine energy is simple, uncomplicated, single-focused, and slower than feminine creative energy. By way of example, masculine energy holds about 40 points of energy and feminine energy holds about 140 points of energy. Feminine energy is very expansive, creative, and fluid. Feminine energy can do 25 things at one time while it swirls and curves. Masculine energy understands straight lines—go from point A to point B to point C and back to point A. Simple. Both types of creative energy are absolutely valuable and necessary to bring your balanced creations forth.

However, masculine energy without feminine energy is not whole; it does not feel valued; it is not nurtured or appreciated. It feels incomplete. We are not talking about men and women, and yet, yes, we are. More importantly, we are talking about your personal, internal, masculine and feminine balance. Female energy without masculine energy also is not whole. It feels unsupported; it is not focused; it is scattered, ungrounded and unstable; it is without structure, and as a result it has no sense of direction, completion, or success.

Masculine-strong, Feminine-weak

In the third dimension, when masculine energy is out of balance it may show up in several ways. Now, make what we are about to say very personal. See if you can apply it to your own creative energy. Please hear the words and also read between the lines. When the masculine energy feels as if it is not good enough, when it is in fear, when it has been told it will never succeed, it is not worth anything, and it has no value, it is off balance. To compensate, the masculine energy may demonstrate a false strength. It may puff itself up and say, "I have these great ideas and these big



dreams; I want to lead and create. I know what I'm doing. Follow me." When a female who also is in fear and is weak, timid or withdrawn finds this puffed up male, it is a perfect match. She can remain in her false weakness and neediness, and he can remain in his false strength. Neither is challenged to change. Remember, the Law of Attraction gives each of them exactly what they are asking for. As it plays out, however, it will look something like this.

In your mind draw a straight line and then make an angled line moving off of that first line. (See the diagram.) The masculine energy leads: "Come with me. I know what I am doing. I have this great dream. I am going to build this wonderful house for you in Toronto, Canada."

And the feminine energy says, "Oh, this is so wonderful. I also want a big house in Toronto." The masculine and feminine start out together at the first point of the line, and the masculine goes forth to construct the house and the feminine, because feminine has curves and swirls, begins to create. She selects new paint, new drapes, and designs the landscaping. She is thrilled and satisfied that she will get to create her nest.

The masculine continues forward and then his habits of fear and self-doubt pop up. The masculine hesitates and becomes afraid of failing: *I don't know what to do because I am told that I am hopeless. I am not going to succeed. I am not worth anything*, and the masculine doubts his ability and stops moving forward on building in Toronto. The masculine has built 80% of the new home. He has traveled 80% down that line and then he says, "No I think we should move to a tropical climate. It will be much nicer, and we can have a house on the beach in Hawaii. I know what is best. Follow me to Hawaii."

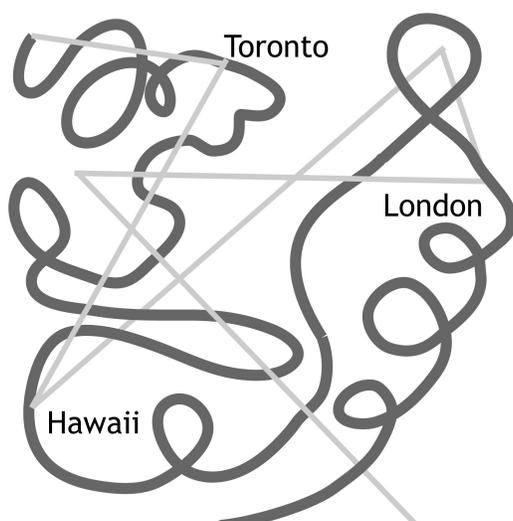
The feminine energy is out there swirling around in Toronto and must now stop creating. She is now incomplete. She isn't able to complete her plans. The feminine energy says, "Oh. Well, okay. A tropical beach would be nice. I would love a beach house in Hawaii. I love you and trust you." And they move, but she is incomplete. He is also incomplete, but he begins to build the house in Hawaii. Again the feminine swirls and it curves and begins to have fun creating in Hawaii. She buys the bamboo flooring and plants the hibiscus flowers.

Then once again, when he gets deeply into the process, the off-balance masculine says: "Well, I think I need to change my job, which means we have to move to London. Come with me to London and we can have the beach house some other day." Once again the female energy is incomplete and unsatisfied. The masculine energy drives the game and the feminine energy continues to give up her power. If the feminine has even just a small portion of her truth still available, she will begin to get frustrated, angry, and maybe resentful. The feminine creativity is being dampened because she was very excited about the big house in Toronto and then the beach house. She was getting very creative because that is what feminine energy does. The

masculine energy is also incomplete in this example, and must find his inner truth to make any change.

Does this dynamic remind you of anyone? Notice it within yourself or within someone you know. This person would have great dreams and plans and have an attitude of bravado. They would enjoy, for a short time, both the masculine and feminine creative energies as they build the house and design the landscape successfully together. At some point, their fears and weakness would arise to sabotage their path and soon excuses and 'better ideas' would be followed instead.

Now let's take a look at some of the other permutations.



Feminine-Strong, Masculine-Weak

If you reverse the roles discussed above, and have a relationship in which the feminine energy is very strong, and the masculine energy is weaker, it is as if the feminine energy says: "I have these grand dreams and desires. I wish to have this... I want that... I would like to have these other things over here." But sometimes beneath this apparent strength and determination, there also is *I cannot have, I don't deserve nice things, or I can't receive.* Feminine creative energy without the balance and structure of masculine energy is very scattered and undependable. It is as if you pour water onto the surface of the table, and it simply spreads everywhere; it is not contained, focused or directed. There is no structure (cup) in

place to hold the feminine creative power.

When this off-balance feminine asks of the masculine, "Oh, I want you to build me a house," the masculine says, "I'd love to build you a house. I am a carpenter. I can do this for you." And he goes off in his excitement and gets the wood, stone and electrical wiring and begins to build a beautiful house. This is the creativity of straight lines and angles discussed earlier.

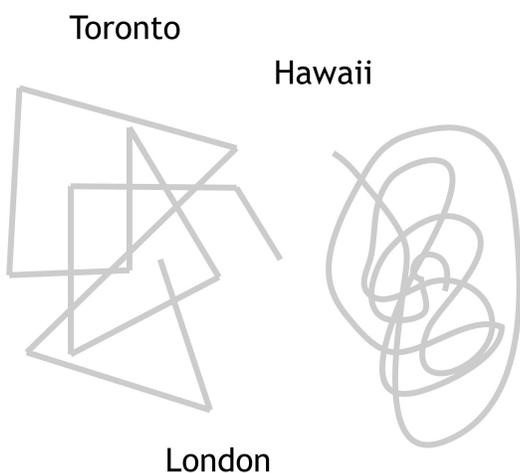
In the meantime, the feminine energy has continued creating. After asking for a house, she went off to yoga class, tea with friends, shopping at the mall. She bought the ingredients for a gourmet dinner (notice the curves and swirls of creativity), went to a math lecture and tried on new running shoes. When she finally brings her attention back home, she greets the masculine, and she asks, "What are you doing?"

"Well, dear," says the confused masculine energy, "I am building the house you said you wanted."

And the feminine energy either responds with, "I did? When did I say that?" Or "Oh, I know, but I've changed my mind. What I really want is to move to Hawaii and have a beach house there." "Oh. Okay, then. I can build you a house at the beach." He says.

“That would be so wonderful,” the feminine energy replies. Off they go, and the story repeats itself. With this ungrounded, scattered pattern, the masculine energy feels invalidated, unappreciated, and unheard. This scattered feminine energy is swirling all around in an unmanaged manner, and the masculine energy follows her, or tries to, never coming to completion. When she changes her mind again and again, the masculine also changes his direction for her, trying to build a house, a structure within which she can be happy and create. However, with this pattern, both the feminine and masculine creative energies are incomplete, and over time, frustration sets in. Do you know someone like this? This person is ungrounded and does not complete the many projects they have begun, because they are busily dreaming up even more ideas. They may also have saved all the materials and supplies they collected for each of these projects ... for years, promising to get to them someday.

Feminine-Weak, Masculine-Weak

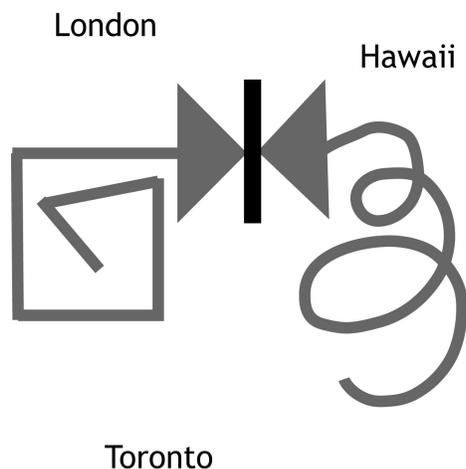


There is also the pattern of weak feminine creative energy, together with weak masculine creative energy. In this case, neither is creating easily and neither fulfills their desires. Weak energy does not create. It gets very frustrated and has no permission to speak up, to set direction, or to take charge. Sometimes, in these cases, neither the masculine, nor the feminine can define or ask for their desires. The first step of creation is not even taken.

The masculine energy doesn't build the structure for the feminine to create within, and the feminine doesn't define what she wants him to build. You may recognize this creation pattern in those around you. Decisions never seem to get made and they change their minds frequently. There is no forward movement. Inertia can occur. Both want the other to make the decision of what movie to go to, and soon it is too late; all the good movies have already come and gone. As a personal exploration, you might become aware of this dynamic demonstrated in the lives of those around you and, ultimately, in your own creative process. Do you know someone who exhibits inertia and is not creating fully in a way that you know they have the potential to create? Perhaps they don't take risks and use vocabulary that is self-defeating?

Feminine-Strong, Masculine-Strong

The flip side of this is a creation pattern of strong, feminine energy and strong, masculine energy. Again, both are in fear and, internally, both feel a great deal of confusion, pressure to perform, and



insecurity. There will be a great deal of competition, pushing and shoving, incompleteness and turmoil.

Both creative powers here can be uncompromising and stubborn. Consequently, both dig in their heels and nothing gets created. You may know people who do this in their creative space. They may boast and brag and present themselves as confident and accomplished, but in actuality, have achieved remarkably little in their lives. This person may 'know it all' and argue with every suggestion others make. They often blame and demonstrate anger at others. It is the fault of "others" that they don't succeed.

How did we get so out of whack?

When your masculine creative energy is too weak or too strong, and/or your feminine creative energy is too weak or too strong, we call this the third dimensional relationship game. This is where most of us have learned to be and to live our lives. How did we get here, in this off balance state? Here is an example: There is a little girl (or little boy) who is very talented, skilled, and knowledgeable. She is very excited about who she is and what she wants to do. She has a great deal of confidence in herself and in what is possible. She simply says, "I can!" This little child sets out on her path and creates wonderful drawings and great art. She sings all the time and passionately builds amazing things. At perhaps three years of age, she is extremely successful in her world, and one day says to her favorite grown-up, "Look at my elephant I drew." It is a beautiful elephant, and she is very pleased with her creation. The grown-up says, "Don't you know elephants aren't orange? And besides, this isn't right—this is a scribbly mess. You should color inside the lines."

This is such a shock and invalidation to her that the little child drops out of certainty and starts to doubt herself. She steps away from her power. The *you're not okay* belief slides right into that little slot where *I'm great and successful* used to be just a moment ago. At first, the little child is confused, and then she does one of two things. She may say, "Well, I'll show you," and goes through the rest of her life working to prove that she is good. She may become a Type A personality, and an over-achiever in order to show that long-ago grown-up that she really is of value. However, there is still a little doubt. There is an *Am I really okay?* that sits in her space and among her beliefs about herself. She has private thoughts like *I am not sure whether this painting I just did is actually worth ten thousand dollars*, even though on the outside she presents herself as absolutely confident, determined, and strong. She is paid her ten thousand dollars over and over again, yet she still doubts her ability and worth.

The other possible reaction this little child may have is: *Well, maybe that grown-up was right. Maybe I'm not that good after all.* She never returns to that powerful, talented expression she once

had. This passionate child grows up to doubt her every decision. She hides, worries, and does not take risks. She never draws (or sings or dances or creates) again.

Every one of us has experienced the result of this distorted feminine-masculine creative energy. Once you understand the distinctions, and the power of these creative energies, you will be better able to balance them and, therefore, create more powerfully from that fullness. Then, when you step into a relationship, you will continue to hold the belief that you count, you can make a difference, and you have value. There will be no push or shove, no competition or invalidation, and no better or worse. There is a balance between and within your masculine and feminine ways of creating. Once balanced, you will recognize yourself and move forward into joyfully painting those elephants any color you choose with playmates that celebrate with you. We, and the world of art, are very happy that Picasso never believed his critical relatives.

We have now defined masculine creative energy (straight lines and angles) and feminine creative energy (swirls and curves), and we now know what happens when those creative energies are out of balance with each other; when one is dominant and one is weak. (Please remember, we are talking about your personal creative energy here, not bodies and genders.) We have also discovered how each of us gets into this place of misalignment. As we continue to move through this Shift and transition, it is absolutely essential that the masculine nature and the feminine nature in each of us be brought into balance. This rebalancing is very possible. As we choose to step up into these higher aspects of consciousness we naturally include and anchor greater levels of personal power and alignment with All That Is.

When your masculine and feminine creative energies are aligned, balanced, and playing well together, you are, by default, in higher fourth and fifth dimensional states of being. So, to briefly review: higher vibrational words such as Ease, Laughter, Community, Co-creation, Respect, Admiration, Appreciation, and Balance are only experienced when we are in the higher fourth dimension. Whereas denser, slower words like competition, depression, guilt, blame, and victim, are only experienced when we are in the third and lower fourth dimensions. In the higher fourth and fifth dimensions, there is no lack. There are no limitations. There are no 'shoulds' or 'should nots', and you cannot do anything 'wrong' there. Elephants can indeed be orange.

When healthy masculine energy is in relationship with healthy feminine energy, masculine creativity has the room and the opportunity to come up with new ideas and build new structures. He now has the motivation and the impetus to learn, grow, and expand into new realms of possibility. He feels validated, and has the support to explore new houses that he can build in which the feminine can create. And because healthy masculine energy also loves balanced female energy, he then says, "How can I uplift, nurture, and provide for this feminine creativity? How can I assist her in creating her dreams? Together we can create new worlds." This co-creating occurs within each of us, in our individual expressions as well as our external relationships. The man builds the raised garden beds and the woman plants and tends the vegetables and herbs. We're sure you've seen two (or more) people come together and do some wonderful things as a team.

When healthy feminine creative energy is balanced and in alignment with the healthy masculine, she has the structure and scaffolding necessary for creativity. She can easily and passionately design, plan, execute, and bring to fruition her dreams. She can fully focus on her studies and research; her writing and craft; the music and math that she loves so well. Balanced masculine energy provides the necessary structure, dependability, and stability. It is reliable. There is a focus, strength, and a sense of stability for the feminine energy to experience itself safely and with permission. When feminine energy is safe and has permission, it is expansive and creative. The masculine creates a container or field that offers the feminine a dependable space in which to create and be happy. It is from this balance that a flow unfolds. It is then that the feminine can say, "I would like a house."

And the masculine energy smiles and says: "I can happily build this for you. How big and what color?"

There is then a give and take, a cooperation and co-creation. The feminine says, "What you have built is wonderful. Can we build a garden also? Is it possible to add a couple of birdhouses too? And what about...?"

As the feminine creates more widely, the masculine expands the structure to make plenty of room for her swirls and curves. There is balance. There is the shared thrill of creating in passion together. As an example in our life together, Jim happily built a trellis for Roxane, and she is happily planting the tomatoes.

In this higher fourth dimensional balance, this combined creative energy becomes very powerful and has the capacity simply to look at the third dimensional world and say, "I hear your opinion of me not being worthy. Thank you very much. AND that is not where I choose to go." There is no discussion or negotiation. No energy is thrown, and no one is invalidated. You make your choice, then dust off your sandals and set about your business, allowing that other person the room to go about theirs.

Bringing your masculine and feminine energy into alignment

It is of utmost importance during this time of Shift to identify, experience, and begin to anchor healthy masculine and feminine energy into your creative process. Words are an easy place to begin to rewire your masculine and feminine creative energy into balance.

Let us give you an example of the shift in alignment these masculine and feminine words bring forth within you. Be playful with this. As with everything we offer, there is no right or wrong way of having this experience.

As mentioned earlier, masculine words have straight lines and angles. When you become or wear a masculine word as a coat, or as an energy in your space, you will have a feeling or sense of the straight lines and angles. Feminine words will give you a sense of curves and swirls. A word that has a masculine nature to it would be, for example, the word, Capable. This doesn't mean there isn't a feminine version of the word Capable. We will talk more about this later.



- Take a breath and feel the feeling of being Capable. No one's opinion counts here but yours.
- Take another breath and feel within your body the *strength* and alignment of being Capable. Capable is the structure and scaffolding upon which much more can be built. You may notice that your body might want to sit up straight; your head may want to go back. Your shoulders may want to move back. It is a sense of *Yes, I am Capable*.
- Allow yourself simply to feel and explore this. Make it up at first if you have to. Capable, in this case, has a structure to it. It can be felt as a masculine word. Feel its stability.
- Now add to Capable the vibration and feeling of being Certain about yourself. Is there anything that you do well? Can you brush your teeth? Are you Certain? Can you do it every time? *Yes, absolutely! I am Capable and Certain.*
- Let your body *be* and *feel* these two words. Let them create the structure or container (masculine) within which feminine creativity can experience itself. Without the structure and container, feminine words and creative energy flow out in a scattered way, with no direction, like water poured upon the table.
- Now find the feeling of Ease. Ease is like an exhale. This word has a more feminine energy in it. Notice that Ease has no structure to it. Would you let your attention Focus (masculine) on Ease while you are being Certain and Capable. All of us have masculine and feminine creativity within us.
- Certain, Capable, Ease. Let yourself experience the feminine flow, and would you not only feel Ease but would you also like yourself. *I like me* has no boundaries, no edges, no lines and no angles. *I like me!*
- Now give yourself Permission. Permission has no lines either. It is *Wow! I can do this*. You are building a (masculine) container of Certain, Focus, and Capable to allow (feminine) Ease and Permission to express themselves.
- Find the vibration of Kindness, which is another very powerful and very feminine word.
- One last word: Allow Appreciation to begin to flow within your space. Allow yourself to Appreciate the Capability and Certainty that you now have Permission to experience. Allow it to be very Focused.

Here are some other suggestions

Create lists of masculine and feminine words

Create separate lists of masculine and feminine words and wear one of each every day. Experiment.

Also, begin to play by choosing a masculine word and finding the feminine aspect of it. You might quickly recognize the straight lines and angles of Certainty, but see if you can recognize the feminine aspect of that word too. The feminine might demonstrate Certainty when the row of lettuce she just planted is sure to germinate. The feminine word, Gentle, also has a masculine aspect. A Gentle masculine energy may be like a grandfather, holding the infant. Get the picture?

As you progress through this work, you will begin to discern both masculine and feminine energies in words and bring them into your awareness as aspects of the totality of *who you are*. Working with the words and balancing your masculine and feminine energies are enjoyable and expedient ways to accomplish the re-wiring and the remembering of *who you really are*. They are also foundational pieces for the entire online program we teach, which you have partial access to throughout this book.

Becoming aware in your daily life of how you create

Begin to consciously and intentionally incorporate both feminine and masculine creativity. For example, if you have an important project at work—designing a new marketing campaign, for instance—it is essential (using your masculine creative energy) to analyze and understand the budget you have to work within and the costs of print and online advertising. It is also crucial to understand the size and resolution specifications required for each of these types of advertising. If you simply rushed into creatively designing ads (feminine), without the understanding and structure (masculine) of the system, you might have a beautiful but useless piece of advertising art. Create the structure or foundation first, then you can happily, successfully create within it.

Cycles of feminine and masculine

There are cycles upon cycles within this evolution of humanity. We have a cycle called day and night, which is created by the Moon orbiting the Earth. We have a cycle called seasons, and another called a year; the time it takes the Earth to go around the sun. There's also a bigger cycle that occurs as a result of the precession of the equinoxes, when the Sun's position at the vernal equinox shifts backwards through the centuries. It completes a full circle in 26,000+ years.

In the precession of the equinoxes, there are two very specific cycles, or phases. The first approximately 13,000+ years is considered to be a predominantly masculine energy cycle, and the second 13,000+ years is a predominantly feminine energy cycle. Many things happen during that first 13,000-year cycle. During that part of the cycle, the feminine energy goes into a resting phase, and the masculine energy takes over. This masculine cycle creates structure, safety, and

permission in many ways. Then it rests, and the feminine creative aspect moves to the forefront and more creation occurs, until it's time to rest again and allow the masculine energy to bring the creations of the feminine into effect. This continues throughout each phase and cycle through the ages. This is not something we typically pay attention to because it is bigger than a day, a week and a year.

With the Shift that is occurring, we have now reached a point where the present, masculine, phase is about to end, and instead of continuing as we have in the third dimension with alternating masculine and feminine cycles, we are moving into a new cycle of consciousness. This is one in which masculine and feminine become one balanced, unified field of consciousness. In order to enter and hold yourself in the vibrations of a fifth dimensional reality and bring the unified field into wholeness, the masculine and the feminine within you must be in balance. When this is accomplished, the structure of the masculine creative energy begins to be the container in which the feminine creative energy can grow and expand. The feminine energy can then direct the masculine energy into expanded structure, which in turn allows the feminine to create within that new space. It's an ongoing ebbing and flowing of masculine and feminine that allows for amazing opportunities and a joyful creative process. This new level of balanced masculine and feminine creative energies is where we are headed.

You are big. You have never been small, and you have always been the little child who was Capable and talented with Certainty and Ease. You just simply let a grown-up talk you out of it for a moment. Now that moment is over. Right now you are Certain, Capable and Focused. You are in Appreciation with Permission and Ease again. And orange elephants are coming back into style.

I like me—just like you did as that little child.

As you balance this masculine and feminine creative energy and begin to choose which to use in each situation, the world around you will change significantly. It is all about you. You are the center of your universe, and when you begin to choose consciously how you wish to create, you will find that the Light that you hold becomes so magnetic that your service to others will be effortless. Your personal growth will be boundless.

The book: What Do You Mean the Third Dimension is Going Away is available at the Mastering Alchemy store and at Amazon (Kindle too!)